

# What is PrEP?

Pre-Exposure Prophylaxis (PrEP) when taken daily, **by people who are HIV negative**, can reduce the risk of getting HIV from sex by over 90%, and reduces the risk by more than 70%, among people who inject drugs.

PrEP works by preventing HIV from entering and using the immune system to spread throughout your body.

The risk of getting HIV can be lowered even further by taking PrEP and using condoms.

» **Studies have shown that PrEP medications reduce the risk of acquiring HIV from sex by about 99% when taken consistently.**



## Why is PrEP important?

PrEP medications are safe and effective and can help prevent you from getting infected with HIV. When someone is exposed to HIV, PrEP medications can work to keep the virus from causing infection. Taking PrEP medication can stop new HIV infections, and help end the HIV epidemic.

More than one million people in the U.S. could benefit from taking PrEP medication, but only a small fraction of those actually get a prescription for the medication. Many people do not know about PrEP medication and how it can help them, and many can't afford to pay for the medicine.

## Who needs PrEP? »



**You identify as a gay or bisexual male, or a man who has sex with men, AND...**

- Have a HIV positive sex partner,
- Have multiple sex partners, or a sex partner with multiple sex partners (including people who may exchange sex for money, drugs or life needs),
- Have anal sex without a condom (both as the receiver and giver), or
- Have recently had a STD/STI (in last 6 months).

**You identify as a heterosexual male or female, AND...**

- Have a HIV positive sex partner,
- Have a HIV positive sex partner and are considering getting pregnant,
- Have multiple sex partners, or a partner with multiple sex partners (including people who may exchange sex for money, drugs or life needs), or
- Do not always use a condom during sex with people who inject drugs, men who have sex with men or a sex partner with unknown HIV status.



## What is PEP?

Post-Exposure Prophylaxis (PEP) is used to **prevent HIV** after possible exposure to the virus.

- PEP must be started within 72 hours of the exposure.
- PEP is effective in preventing HIV, but not 100%.

## Who needs PEP? >> If in the last 72 hours you have

- Possibly been exposed to HIV during sex (for example - a condom broke during sex with a partner who is living with HIV),
- Shared needles and/or works to prepare drugs, or
- Have been sexually assaulted, then talk to a healthcare provider or emergency room care provider about starting PEP.

## Visit a Healthcare Provider in Central OK

### Ashley N. Muckala, DO | Internal Medicine

900 N Porter Ave, Ste. 310, Norman, OK 73071  
405-366-7373

### Clifford Wlodaver, MD | Internal Medicine & Infectious Disease

8121 National Ave, Ste. 310, Midwest City, OK 73110  
405-737-3100

### Faith Family Physicians | Waddah Nassar, MD; Janie Howard, PA-C;

Susan Ogden, ARNP | 7221 W Hefner Rd, OKC, OK 73162  
405-470-6900

### Fulcrum Clinic | Mark G. Fergeson, FNP

1601 W 89th St, Ste. D-100, OKC, OK 73159  
405-546-7888

### OU Health Sciences Center Infectious Diseases Institute

711 Stanton L Young Blvd, Suite 430, OKC, OK 73104  
405-271-6434

### Oklahoma City Indian Clinic | *Must have a CDIB Card from a Federally Recognized Tribe for Services.*

4913 W Reno Ave, OKC, OK 73127 | 405-948-4900

### Rapid Start—OSDH | April Jewell, APRN-CNP, AAHIVS; Ameika Miller,

APRN-CNP For Rapid Start services, email requests to [RapidStart@health.ok.gov](mailto:RapidStart@health.ok.gov) or call 405-426-8400

### SSM Health St. Anthony Healthplex | Terry Rimmer, MD

13401 N Western Ave, Ste. 200, OKC, OK 73114  
405-252-3450

### Diversity Family Health | Russell Rooms, APRN-CNP

1211 N Shartel Ave, Ste. 606, OKC, OK 73103  
405-848-0026

### Equality Health Group Foundation | Erin McBride, RN

6525 N. Meridian Ave. Ste. 110 OKC, OK 73116  
405-761-2762

### Guiding Right, Inc. | Jennifer Le, APRN, FNP-C

1420 NE 23rd St. OKC, OK 73111 | 405-733-0771  
2242 NW 39th St. OKC, OK 73112 | 405-601-7686

### Healing Hands Health Care Services | Pyria Samant, MD

411 NW 11th St. OKC, OK 73103  
405-272-0476

### Infectious Diseases Consultants of OKC | Andrea Scott, DO

4221 S Western Ave, OKC, OK 73109  
405-644-6464

### Mary Mahoney Memorial Health Center | Tierra Page, APRN-CNP

12716 NE 36th St. Spencer, OK 73084  
405-769-3301

### New Hope Wellness Center | Jennifer Le, APRN, FNP-C

2809 NW 31st St. Oklahoma City, OK 73112  
405-730-0771

### OU Family Medicine | Shawn Fitzgerald, DO

900 NE 10th St, Oklahoma City, OK 73104  
405-271-4311

### Perry A. Klaassen Family Medical Center | Mac Boatner, PA

Metro Technology Center: 1901 Springlake Dr.,  
OKC, OK 73111 | 405-419-9800

### Planned Parenthood Great Plains

619 NW 23rd St, OKC, OK 73103 | 405-528-2157  
3431 S Blvd, Ste. 108, Edmond, OK 73013 | 405-348-9904

### Revan Health

5601 NW 72nd St, Suite 142, Warr Acres, OK 73132  
405-896-7975

### Variety Care | Phillip Burke, PA-C, MBA, RHIA

4000 W Reno Ave. Oklahoma City, OK 73139  
405-632-6688

MAY PRESCRIBE PrEP >> MAY PRESCRIBE PrEP & PEP

OCCHD.org/SexualHealth

