



Contact:

Ken Johnson
405-213-8777

Ken.Johnson@occhd.org

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Observing National Public Health Week April 1-7

Oklahoma City, Okla. – [Oklahoma City-County Health Department](#) (OCCHD) is sharing with our community and partners that the first week of April is National Public Health Week (NPHW). Our goal is to talk about the role everyone can play in improving health in all groups in Oklahoma County. This year's theme of NPHW is "Creating the Healthiest Nation: For science. For action. For health."

The purpose of the week is to promote awareness of what public health offers the entire community as well as recognize the numerous contributions of Oklahoma City-County Health's public health workers.

"Improving health is a daily mission of our dedicated employees in order to have the healthiest residents who are helping build a vibrant economy in

Oklahoma County,” said Oklahoma City-County Health Department Executive Director Gary Cox.

“We thank the Board of Oklahoma County Commissioners for issuing a proclamation for next week as Public Health Week in Oklahoma County to coincide with National Public Health Week,” said Cox.

Currently, our Total Wellness Classes are enrolling for their free classes to help people learn a new way of eating and taking care of their families.

<https://www.occhd.org/lose>

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Oklahoma City-County Health Department
2600 NE 63rd St, Oklahoma City, OK 73111