



Home preparation for emergency doses of  
**Clindamycin**  
for infants and children exposed to **anthrax**

Once you have been notified by your federal, state, or local authorities that you have been exposed to anthrax, it may be necessary to prepare **emergency** doses of Clindamycin for infants and children using Clindamycin capsules.

**You will need:**

- One (1) 300 milligram (mg) Clindamycin capsule
  - Household spoon
  - Measuring spoons [1 teaspoon (tsp); and ½ teaspoon (tsp)]  
(NOTE measuring spoons are preferred, however if not available, use the household spoon to mix, measure and give the medicine)
  - 1 small bowl
  - One of these foods
    - Pudding (Chocolate\*)            Applesauce (Sweetened\*)
    - Chocolate syrup                Maple syrup
    - Caramel syrup                 Ketchup
- \* = Most palatable

**Directions:**

1. Add four (4) level teaspoons (tsp) of a food to the small bowl.



2. Pour content of one (1) 300-mg Clindamycin capsule into the small bowl. Stir them together until the drug looks evenly mixed with the food.



3. How to give dose of medication:

- Give a spoonful of the food, give the dose (refer to the table), then give another spoonful of the food to help with the after taste.

**How already prepared Clindamycin mixture should be stored**

- Prepare the Clindamycin mixture daily; store mixture in covered container and refrigerate. Mixture will keep for at least 24 hours refrigerated.
- Throw away any unused portions.
- Please repeat directions above if more than 4 teaspoons are required

**How Much of the Clindamycin Mixture to Give a Child**

The number of teaspoons of the Clindamycin mixture to give a child depends on the child's weight. **If child's weight is unknown, weigh child before giving the first dose.** The chart tells you how much to give a child for one dose. You should give child three doses each day (every 8 hours) **for 60 days.**

| <b><i>If the child weighs</i></b> | <b><i>Give the child</i></b>  |
|-----------------------------------|---|
| Up to 18 (lbs)                    | <b>One (1) teaspoon (5mL)</b> of the Clindamycin mixture                      |
| 19 – 27 (lbs.)                    | <b>One and one half (1 ½) teaspoons (7.5mL)</b> of the Clindamycin mixture    |
| 28 – 36 (lbs.)                    | <b>Two (2) teaspoons (10mL)</b> of the Clindamycin mixture                    |
| 37 – 45 (lbs.)                    | <b>Two and one half (2 ½) teaspoons (12.5mL)</b> of the Clindamycin mixture   |
| 46 – 55 (lbs.)                    | <b>Three (3) teaspoons (15mL)</b> of the Clindamycin mixture                  |
| 56 – 63 (lbs.)                    | <b>Three and one half (3 ½) teaspoons (17.5mL)</b> of the Clindamycin mixture |
| 64 – 74 (lbs.)                    | <b>Four (4) teaspoons (20mL)</b> of the Clindamycin mixture                   |
| 75 – 91 (lbs.)                    | <b>Five (5) teaspoons (25mL)</b> of the Clindamycin mixture                   |
| 92 – 109 (lbs.)                   | <b>Six (6) teaspoons (30mL)</b> of the Clindamycin mixture                    |
| 110 – 128 (lbs.)                  | <b>Seven (7) teaspoons (35mL)</b> of the Clindamycin mixture                  |
| 129 – 146 (lbs.)                  | <b>Eight (8) teaspoons (40mL)</b> of the Clindamycin mixture                  |
| 147 – 164 (lbs)                   | <b>Nine (9) teaspoons (45mL)</b> of the Clindamycin mixture                   |
| 165 – 181 (lbs)                   | <b>Ten (10) teaspoons (50mL)</b> of the Clindamycin mixture                   |
| 182 – 198 (lbs)                   | <b>Eleven (11) teaspoons (55mL)</b> of the Clindamycin mixture                |

Children heavier than 198 pounds who are exposed to anthrax should take one (3) 300-mg capsules of Clindamycin three times a day (at the same time each day if possible) **for 60 days.** If the child cannot swallow tablets, use the directions for preparing a mixture and give 12 teaspoons three times a day

